

# March 2019

## Perry Browne/Stanford Gibson Breakfast Menu

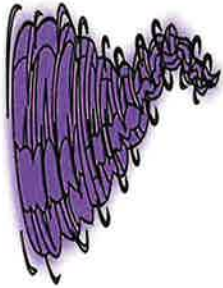
### The Daily MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>Assorted Oatmeal Juice/Fruit Low Fat/Fat Free Milk</p>	<p>5</p> <p>4 oz Yogurt (PB) Scrambled Eggs (SG) 1/2 Bagel Fruit/Juice Low Fat/Fat Free Milk</p>	<p>6</p> <p>Ultimate Breakfast Round Fruit/Juice Low Fat/Fat Free Milk</p>	<p>7</p> <p>4 oz Yogurt Muffin Fruit/Juice Low Fat/Fat Free Milk</p>	<p>1</p> <p>Assorted Breakfast Sandwich Juice/ Fruit Low Fat/Fat Free Milk</p>
<p>11</p> <p>Assorted Oatmeal Fruit/Juice Low Fat/Fat Free Milk</p>	<p>12</p> <p>Muffin and Yogurt Second Choice Fruit/Juice Low Fat/Fat Free Milk</p>	<p>13</p> <p>Breakfast Pizza Second Choice Fruit/Juice Low Fat/Fat Free Milk</p>	<p>14</p> <p>Breakfast on a Stick Second Choice Fruit/Juice Low Fat/Fat Free Milk</p>	<p>15</p> <p>Assorted Breakfast Sandwich Fruit/Juice Low Fat/Fat Free Milk</p>
<p>18</p> <p>Assorted Oatmeal Fruit/Juice Low Fat/Fat Free Milk</p>	<p>19</p> <p>4 oz Yogurt (PB) Scrambled Eggs (SG) 1/2 Bagel Fruit/Juice Low Fat/Fat Free Milk</p>	<p>20</p> <p>French Toast Sticks w/Syrup Fruit/Juice Low Fat/Fat Free Milk</p>	<p>21</p> <p>4 oz Yogurt Muffin Fruit/Juice Low Fat/Fat Free Milk</p>	<p>22</p> <p>Assorted Breakfast Sandwich Fruit/Juice Low Fat/Fat Free Milk</p>
<p>25</p> <p>Assorted Oatmeal Fruit/Juice Low Fat/Fat Free Milk</p>	<p>26</p> <p>Breakfast on a Stick Second Choice Fruit/Juice Low Fat/Fat Free Milk</p>	<p>27</p> <p>4 oz Yogurt (PB) Scrambled Eggs (SG) 1/2 Bagel Fruit/Juice Low Fat/Fat Free Milk</p>	<p>28</p> <p>Waffles w/Fruit/Syrup Fruit/Juice Low Fat/Fat Free Milk</p>	<p>29</p> <p>Assorted Breakfast Sandwich Fruit/Juice Low Fat/Fat Free Milk</p>
			<p>8</p> <p>No School Staff Development Day</p>	

Norwich is an Equal Opportunity Employer  
Free Breakfast and Lunch for all Students

- Whole Grain Choices:**  
 Assorted Cereal  
 Breakfast Cookie  
 Breakfast Bar  
 Muffin  
 Fresh Fruit  
 Milk -  
 White 1%  
 Skim Milk  
 Chocolate Fat Free





# March 2019

## Perry Browne/Stanford Gibson School Lunch Menu

### The Daily MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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<p>4 Toasty Grilled Cheese Tomato Soup Green Beans, Fruit Low Fat/Fat Free Milk Sun Butter &amp; Jelly SW</p>	<p>5 Hot Dog or Cheese Dog Baked Beans, Fruit Low Fat/Fat Free Milk Ham &amp; Cheese SW</p>	<p>6 Chicken &amp; Biscuit Seasoned Carrots Fruit Low Fat/Fat Free Milk Tuna &amp; Cheese SW</p>	<p>7 BBQ Chicken Seasoned Rice Corn, Fruit Low Fat/Fat Free Milk Turkey &amp; Cheese SW</p>	<p>8 No School Staff Development Day</p>	<p>1 Assorted Pizza Romaine &amp; Spinach Salad, Fruit Low Fat/Fat Free Milk Fish on a Bun</p>
<p>11 Alfredo Rotini Cheesy Breadstick Roasted Broccoli Fruit Low Fat/Fat Free Milk Sun Butter &amp; Jelly SW</p>	<p>12 Beef Tacos w/Lettuce/Cheese and Salsa, Refried Beans, Corn, Fruit Low Fat/Fat Free Milk Ham &amp; Cheese SW</p>	<p>13 Hot Ham &amp; Cheese on a Pretzel Roll Carrots, Pasta Salad Low Fat/Fat Free Milk Tuna &amp; Cheese SW</p>	<p>14 Popcorn Chicken Seasoned Potato Wedges, Fruit Low Fat/Fat Free Milk Turkey &amp; Cheese SW</p>	<p>15 Cheese Pizza Romaine &amp; Spinach Salad, Fruit Low Fat/Fat Free Milk Fish on a Bun</p>	<p>Chicken Bowl Includes Popcorn Chicken Mashed Potatoes Corn Gravy Topped with Cheese</p>
<p>18 Macaroni &amp; Cheese Roll and Butter Carrots, Fruit Low Fat/Fat Free Milk Sun Butter &amp; Jelly SW</p>	<p>19 Italian Meatball Sub Green Beans, Buttered Garlic Noodles, Fruit Low Fat/Fat Free Milk</p>	<p>20 Chicken Bowl, Bread and Butter, Chic Pea Salad, Fruit Low Fat/Fat Free Milk Tuna &amp; Cheese SW</p>	<p>21 Hot Turkey Sandwich w/Gravy Tater Tots, Peas, Fruit Low Fat/Fat Free Milk Turkey &amp; Cheese SW</p>	<p>22 French Bread Pizza Romaine &amp; Spinach Salad, Fruit Low Fat/Fat Free Milk Fish on a Bun</p>	
<p>25 Hamburger or Cheeseburger, French Fries Green Beans, Fruit Low Fat/Fat Free Milk Sun Butter &amp; Jelly SW</p>	<p>26 Nachos w/Meat and Cheese, Corn, Refried Beans, Fruit, Low Fat/Fat Free Milk Ham and Cheese SW</p>	<p>27 Chicken Tenders Cheesy Rice Carrots, Fruit Low Fat/Fat Free Milk Tuna Salad Sandwich</p>	<p>28 Pasta w/Meat Sauce Roll and Butter Broccoli, Fruit Low Fat/Fat Free Milk Turkey &amp; Cheese SW</p>	<p>29 Cheese Pizza Romaine &amp; Spinach Salad, Fruit Low Fat/Fat Free Milk Fish on a Bun</p>	

