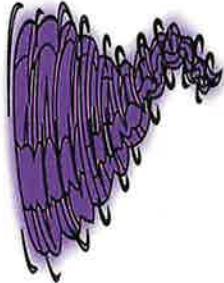


January 2019

Middle School / High School Breakfast Menu



The Daily MENU

The Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
1	2 Bagel with Cream Cheese Fruit/Juice Milk	3 Bacon and Cheese on an English Muffin Fruit/Juice Milk	4 Sausage and cheese on a Bagel Fruit/Juice Milk	
7	8 Biscuit Sandwich Fruit/Juice Milk	9 Bagel with Cream Cheese Fruit/Juice Milk	10 Homemade Muffin Bread Fruit/Juice Milk	11 Sausage and cheese on a Bagel Fruit/Juice Milk
14	15 Biscuit Sandwich Fruit/Juice Milk	16 Bagel with Cream Cheese Fruit/Juice Milk	17 Bacon and Cheese on an English Muffin Fruit/Juice Milk	18 Sausage and cheese on a Bagel Fruit/Juice Milk
21	22 Breakfast Pizza Fruit/Juice Milk	23 Bagel with Cream Cheese Fruit/Juice Milk	24 Homemade Muffin Bread Fruit/Juice Milk	25 Sausage and cheese on a Bagel Fruit/Juice Milk
28	29 Biscuit Sandwich Fruit/Juice Milk	30 Bagel with Cream Cheese Fruit/Juice Milk	31 Bacon and Cheese on an English Muffin Fruit/Juice Milk	

Whole Grain Choices:

- Assorted Cereal
 - Breakfast Cookie
 - Breakfast Bar
 - Smoothies
 - Muffin
 - Fresh Fruit
 - Milk -
 - White 1 %
 - Skim Milk
 - Chocolate Eat Ere

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Free Breakfast and Lunch
for all students

