


January 2019

Middle School / High School Breakfast Menu

The Daily MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Biscuit Sandwich Fruit/Juice Milk	1  1 Happy New Year Breakfast Pizza Fruit/Juice Milk	2 Bagel with Cream Cheese Fruit/Juice Milk	3 Bacon and Cheese on an English Muffin Fruit/Juice Milk	4 Sausage and cheese on a Bagel Fruit/Juice Milk
14 Biscuit Sandwich Fruit/Juice Milk	8 Breakfast Pizza Fruit/Juice Milk	9 Bagel with Cream Cheese Fruit/Juice Milk	10 Homemade Muffin Bread Fruit/Juice Milk	11 Sausage and cheese on a Bagel Fruit/Juice Milk
28 Biscuit Sandwich Fruit/Juice Milk	15 Breakfast Pizza Fruit/Juice Milk	16 Bagel with Cream Cheese Fruit/Juice Milk	17 Bacon and Cheese on an English Muffin Fruit/Juice Milk	18 Sausage and cheese on a Bagel Fruit/Juice Milk
	22 Breakfast Pizza Fruit/Juice Milk	23 Bagel with Cream Cheese Fruit/Juice Milk	24 Homemade Muffin Bread Fruit/Juice Milk	25 Sausage and cheese on a Bagel Fruit/Juice Milk
	29 Breakfast Pizza Fruit/Juice Milk	30 Bagel with Cream Cheese Fruit/Juice Milk	31 Bacon and Cheese on an English Muffin Fruit/Juice Milk	

- Whole Grain Choices:**
 Assorted Cereal
 Breakfast Cookie
 Breakfast Bar
 Smoothies
 Muffin
 Fresh Fruit
 Milk -
 White 1 %
 Skim Milk
 Chocolate Fat Free

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 Free Breakfast and Lunch
 for all students**

